


# April 2024




# Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>9:30</b> Noodle Ball (Lby) <b>10:15</b> Dollar Store Shopping (B) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Stretch and Flex (FC) <b>3:00</b> Rosary/Communion (GCS) <b>7:00</b> Canasta (3AC)	<b>2</b> <b>9:00</b> Let's go for a Walk (Lby) <b>9:30</b> Nail Care (2AC) <b>9:30</b> Men's Coffee Crew (GCS) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Volleyball (Lby) <b>10:45</b> Assisted Living Fitness <b>1:30</b> Advisory Committee (3AC) <b>2:00</b> Armchair Travel: Egypt's Nile, Alexandria & Luxor (CR)	<b>3</b> <b>9:30</b> Joggin your Noggin (2AC) <b>10:30</b> Zoology Facts- Colorado Bison (CR) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Stronger with Stairs (FC) <b>3:00</b> Mind Stretchers (2AC) <b>4:00</b> Wine Down Wednesday Social (Lby) <b>7:00</b> Bingo (GS)	<b>4</b> <b>9:00</b> Let's go for a Walk (Lby) <b>10:00</b> Balance Exercise (FC) <b>10:15</b> Resident Welcomers (Lib) <b>11:00</b> Construction Update (CR) <b>1:00</b> Choir <b>2:00</b> Give Unto Others (GCS) <b>3:00</b> Rummikub (3AC) <b>3:00</b> Whiteboard Games (2AC)	<b>5</b> <b>10:30</b> Bingo (2AC) <b>1:00</b> Bridge (3AC) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> Chris Wells (CR) <b>3:00</b> Brain Games (2AC)	<b>6</b> <b>8:00</b> Activity Packets (AN) <b>10:00</b> Morning Movers (2AC) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour (2AC) <b>1:30</b> Bingo (GS) <b>2:30</b> Joyce Singing (Lby)
<b>7</b> <b>10:30</b> Sunday Worship with Chaplain Brian (CR) <b>1:00</b> Bridge (3AC) <b>2:30</b> Victoria & Abdul- Sunday Movie (CR) <b>3:30</b> Crafting Corner (GCS)	<b>8</b> <b>9:30</b> Noodle Ball (Lby) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Active Minds-Leonardo Da Vinci (CR) <b>2:00</b> Fitness Center Orientation (FC) <b>3:00</b> Rosary/Communion (GCS) <b>7:00</b> Canasta (3AC)	<b>9</b> <b>9:00</b> Let's go for a Walk (Lby) <b>9:30</b> Nail Care (2AC) <b>9:30</b> Men's Coffee Crew (3AC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Let's Meet Joanna (CRA) <b>10:45</b> Assisted Living Fitness <b>2:00</b> Route 36: Ohio to Colorado by Allen (CR) <b>3:15</b> Resident Council (CR)	<b>10</b> <b>10:00</b> Koelbel Library (Lib) <b>10:30</b> Zoology Facts- Bighorn Sheep (CR) <b>12:00</b> Ladies Lunch in Black Eyed Pea (DR) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Stronger with Stairs (FC) <b>3:00</b> Joggin Your Noggin (2AC) <b>4:00</b> Wine Down Wednesday Social (Lby) <b>7:00</b> Bingo (GS)	<b>11</b> <b>9:00</b> Let's go for a Walk (Lby) <b>10:00</b> Balance Exercise (FC) <b>10:00</b> Food Forum (DR) <b>10:45</b> Assisted Living Fitness <b>11:00</b> Construction Update (CR) <b>1:00</b> Choir <b>2:00</b> Fiddlin Fran playing her Violin (Lby) <b>3:00</b> Rummikub (3AC)	<b>12</b> <b>10:30</b> Bingo (2AC) <b>10:30</b> Toys For God's Kids (GCS) <b>1:00</b> Bridge (3AC) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> April Trivia (CR) <b>3:00</b> Word Games (2AC)	<b>13</b> <b>8:00</b> Activity Packets (AN) <b>10:00</b> Morning Movers (2AC) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour (2AC) <b>1:30</b> Bingo (GS) <b>3:15</b> Whiteboard Games (2AC)
<b>14</b> <b>10:30</b> Sunday Worship with Chaplain Cheryl (CR) <b>1:00</b> Bridge (3AC) <b>1:00</b> Gen Tech Computer Support (Lib) <b>2:00</b> Noah - Sunday Movie (CR) <b>3:30</b> Crafting Corner (GCS)	<b>15</b> <b>9:30</b> Noodle Ball (Lby) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>1:30</b> Resident Sharing (CR) <b>3:00</b> Rosary/Communion (GCS) <b>7:00</b> Canasta (3AC)	<b>16</b> <b>9:00</b> Let's go for a Walk (Lby) <b>9:30</b> Nail Care (2AC) <b>9:30</b> Men's Coffee Crew (3AC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Volleyball (Lby) <b>10:45</b> Assisted Living Fitness <b>2:00</b> Armchair Travel: Athens & Side Trips (CR) <b>3:00</b> Joggin Your Noggin (2AC)	<b>17</b> <b>9:30</b> Bible Study (CR) <b>10:30</b> Zoology Facts- Black Bear <b>12:00</b> Men's Lunch In Black-Eyed Pea (DR) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:30</b> April Jeopardy Trivia (CR) <b>4:00</b> Wine Down Wednesday Social (Lby) <b>7:00</b> Bingo (GS)	<b>18</b> <b>9:00</b> Let's go for a Walk (Lby) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Fireside Chat (Lby) <b>11:00</b> Construction Update (CR) <b>12:00</b> Birthday Luncheon (DR) <b>1:00</b> Choir <b>3:00</b> Rummikub (3AC)	<b>19</b> <b>10:30</b> Bingo (2AC) <b>1:00</b> Bridge (3AC) <b>1:00</b> Balance Exercise (FC) <b>2:00</b> Music with Bonnie (Lby) <b>3:15</b> April Stickman (2AC)	<b>20</b> <b>8:00</b> Activity Packets (AN) <b>10:00</b> Morning Movers (2AC) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour (2AC) <b>1:30</b> Bingo (GS) <b>3:15</b> Mind Stretchers (2AC)

**Bold activity** = Sign up mandatory

Lby = Lobby, B = Bus, FC = Fitness Center, GCS = Grand Central Station, 3AC = 3rd Floor AL Alcove, 2AC = 2nd Floor AL Alcove, CR = Community Room, GS = Gift Shop, Lib = Library, AN = All Neighborhoods, CRA = Community Room Alcove, DR = Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>10:30</b> Sunday Worship with Chaplain Kendall (CR) <b>1:00</b> Bridge (3AC) <b>1:00</b> Gen Tech Computer Support (Lib) <b>2:30</b> The Other Boleyn Girl- Sunday Movie (CR) <b>3:30</b> Crafting Corner (GCS)	<b>9:30</b> Noodle Ball (Lby) <b>10:00</b> Visit with Kenai <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Active Minds- History of Horses & Horse Racing (CR) <b>3:00</b> Rosary/Communion (GCS) <b>7:00</b> Canasta (3AC)	<b>9:00</b> Let's go for a Walk (Lby) <b>9:30</b> Nail Care (2AC) <b>9:30</b> Men's Coffee Crew (3AC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Spring Flower Arrangements (GS) <b>10:45</b> Assisted Living Fitness (2AC) <b>1:30</b> Catholic Mass (3AC) <b>2:00</b> Armchair Travel: Sicilian Delights (CR) <b>3:00</b> Word Ladders (2AC)	<b>10:00</b> Koelbel Library (Lib) <b>10:30</b> Zoology Facts- Mountain Lion (CR) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Stronger with Stairs (FC) <b>2:30</b> Men Verses Ladies Games (CR) <b>3:15</b> April Modern Trivia (CR) <b>4:00</b> Wine Down Wednesday Social (Lby) <b>7:00</b> Bingo (GS)	<b>9:00</b> Let's go for a Walk (Lby) <b>10:00</b> Balance Exercise (FC) <b>10:00</b> Baking Zucchini Bread (CR) <b>11:00</b> Construction Update (CR) <b>1:00</b> Choir <b>2:00</b> Birthday Social with Dean on the Cello (Lby) <b>2:00</b> Cello with Dean (Lby) <b>3:00</b> Rummikub (3AC) <b>4:00</b> Who Am I? (CR)	<b>10:30</b> Bingo (2AC) <b>1:00</b> Bridge (3AC) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> AL Neighborhood Meeting (CR) <b>2:15</b> Travelogue- Scottish Highlands (CR) <b>3:15</b> Joggin Your Noggin (2AC)	<b>8:00</b> Activity Packets (AN) <b>10:00</b> Morning Movers (2AC) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour (2AC) <b>1:30</b> Bingo (GS) <b>2:00</b> Sands of Iwo Jima Movie (CR) <b>3:00</b> Music with Joyce (Lby)
<b>28</b>	<b>29</b>	<b>30</b>				
<b>10:30</b> Sunday Worship with Chaplain Jim (CR) <b>1:00</b> Bridge (3AC) <b>1:00</b> Gen Tech Computer Support (Lib) <b>2:30</b> Downtown Abbey- Sunday Movie (CR) <b>3:30</b> Crafting Corner (GCS)	<b>9:30</b> Noodle Ball (Lby) <b>10:00</b> Visit with Kenai <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>2:00</b> Volunteer Pie Social (CRA) <b>2:00</b> Fitness Center Orientation (FC) <b>3:00</b> Rosary/Communion (GCS) <b>7:00</b> Canasta (3AC)	<b>9:00</b> Let's go for a Walk (Lby) <b>9:30</b> Nail Care (2AC) <b>9:30</b> Men's Coffee Crew (3AC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Volleyball (Lby) <b>10:45</b> Assisted Living Fitness (2AC) <b>2:00</b> Armchair Travel: Baltic Sisters (CR) <b>3:15</b> Word Ladders (2AC)				

**Bold activity** = Sign up mandatory

Lby = Lobby, B = Bus, FC = Fitness Center, GCS = Grand Central Station, 3AC = 3rd Floor AL Alcove, 2AC = 2nd Floor AL Alcove, CR = Community Room, GS = Gift Shop, Lib = Library, AN = All Neighborhoods, CRA = Community Room Alcove, DR = Dining Room