


May 2024



Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|--|
| |  | | 1 10:00 Bible Study (CR) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:30 What Am I? (2AC) 3:00 Zoology- Fireflies (CR) 4:00 Wine Down Wednesday Social (Lby) 7:00 Bingo (GS) | 2 9:00 Let's go for a Walk (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:15 Animal Trivia (2AC) 10:30 Resident Welcomers (Lib) 10:45 Assisted Living Fitness (FC) 1:00 Choir (CR) 2:00 Dan the One Man Band (Lby) 3:00 Rummikub (3AC) 3:30 May Trivia (CR) | 3 10:00 St. Andrew's Bell Choir (Lby) 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 1:30 Chris Wells -CHINA The Forbidden City (CR) 3:00 Can You "C" it? (2AC) | 4 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Madrid (2AC) 1:30 Bingo (GS) 3:00 Riddle Me This (2AC) 4:00 Kentucky Derby NBC Showing (AN) |
| 5 10:30 Sunday Worship with Chaplain Cheryl (CR) 1:00 Walk 'N' Talk (Lby) 1:00 Bridge (3AC) 2:00 Out of Africa -Sunday Movie (CR) 3:00 Cinco De Mayo Social (Lby) 7:00 Yahtzee (GS) | 6 9:30 Noodle Ball (Lby) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Zoology- Monarch Butterfly (CR) 2:00 Stretch and Flex 3:00 Rosary/Communion (GCS) 3:15 "Who am I?" (2AC) 7:00 Canasta (3AC) | 7 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:00 Watch Repair (Lby) 10:30 Cooking with Joanna- Trailhead Cereal Bars 10:45 Assisted Living Fitness (2AC) 1:30 Advisory Committee (3AC) 2:30 Armchair Travel: Verona, Padova & Ravenna (CR) 3:30 Word Ladders (2AC) | 8 9:15 May Modern Jeopardy Trivia (CR) 10:00 Koelbel Library (Lib) 10:00 Bible Study (CR) 1:00 Balance Exercise (FC) 1:30 EPSO Community Chat (CR) 1:30 MoveMor (FC) 2:00 Stretch and Flex 3:00 AL Neighborhood Meeting (CR) 4:00 Wine Down Wednesday Social (Lby) 7:00 Bingo (GS) | 9 9:00 Let's go for a Walk (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Give Unto Others (GS) 10:45 Assisted Living Fitness (2AC) 1:00 Choir (CR) 2:00 Star of the Month- Katharine Hepburn (2AC) 2:30 Celebration Of Life- Charlotte Waters (CR) 3:00 Rummikub (3AC) 3:30 Smores Bar Social (Lby) | 10 10:00 Food Forum (CR) 10:30 Toys for God's Kids (GCS) 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Music with Mindy (Lby) 3:00 Focus Group (CR) | 11 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour-Estonia (2AC) 1:30 Bingo (GS) 3:15 Spring Scrambler (2AC) |
| 12 10:30 Sunday Worship with Chaplain Cindy (CR) 1:00 Gen Tech Computer Support (Lib) 1:00 Walk 'N' Talk (Lby) 1:00 Bridge (3AC) | 13 9:30 Noodle Ball (Lby) 10:00 Visit with Kanai 10:30 Dollar Store Shopping (B) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Active Minds- Iceland (CR) | 14 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:30 Zoology- Flamingo (CR) 10:45 Assisted Living Fitness | 15 9:30 Joggin Your Noggin (2AC) 10:00 Bible Study (CR) 11:00 Men's Lunch Outing at Olive Garden (B) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) | 16 9:00 Let's go for a Walk (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Fireside Chat (Lby) 10:45 Assisted Living Fitness (2AC) | 17 10:30 Bingo (2AC) 1:00 Bridge (3AC) 2:00 The Moon- Monty Astronomy Presentation (CR) 3:15 Kiss the Ground | 18 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Denmark (2AC) 1:30 Saturday Movie- Dr. |

Bold activity = Sign up mandatory

CR = Community Room, FC = Fitness Center, 2AC = 2nd Floor AL Alcove, Lby = Lobby, GS = Gift Shop, AN = All Neighborhoods, Lib = Library, 3AC = 3rd Floor AL Alcove, GCS = Grand Central Station, B = Bus, DR = Dining Room

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|--|
| 2:00 The Lost Pyramid- Sunday Movie (CR) 3:30 Mom-osa Bar for Mother's Day (Lby) 7:00 Yahtzee (GS) | 2:00 Stretch and Flex 3:00 Rosary/Communion (GCS) 3:00 Ice Cream Social (Lby) 3:45 Fun with IN2L (2AC) 7:00 Canasta (3AC) | (2AC) 2:00 Armchair Travel: Germany's Rhine & Rothenburg (CR) 3:15 Volleyball (Lby) | 2:00 Stretch and Flex 3:00 Bible Trivia (CR) 4:00 Wine Down Wednesday Social (Lby) 7:00 Bingo (GS) | 12:00 Birthday Luncheon (DR) 1:00 Choir (CR) 2:00 Piano Music with Larry O! (Lby) 2:00 Birthday Social (Lby) 3:00 Rummikub (3AC) 3:15 Name That Instrument (2AC) | Documentary with Woody Harrelson (CR) | Strangelove (CR) 1:30 Bingo (GS) 3:15 Mixed-Up Drive In Movies (2AC) |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 10:30 Sunday Worship with Chaplain Kendall (CR) 1:00 Gen Tech Computer Support (Lib) 1:00 Walk 'N' Talk (Lby) 1:00 Bridge (3AC) 2:00 Places in the Heart- Sunday Movie (CR) 3:30 Crafting Corner- Coasters (GCS) 7:00 Yahtzee (GS) | 9:30 Noodle Ball (Lby) 1:00 Balance Exercise (FC) 1:30 Resident Sharing (CR) 1:30 MoveMor (FC) 2:00 Active Minds- Hawaii (CR) 2:00 Stretch and Flex 3:00 Rosary/Communion (GCS) 3:15 Fun with IN2L (2AC) 7:00 Canasta (3AC) | 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:45 Assisted Living Fitness (2AC) 11:00 Picnic at DeKoevend Park (B) 2:00 Armchair Travel: Assisi & Italian Country Charm (CR) 3:00 Word Ladders (2AC) | 10:00 Koelbel Library (Lib) 10:00 Bible Study (CR) 12:00 Ladies Lunch Outing at Olive Garden (B) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Stretch and Flex 3:00 Rhyme Time (2AC) 4:00 Wine Down Wednesday Social (Lby) 7:00 Bingo (GS) | 9:00 Let's go for a Walk (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Zoology- Red Panda (CR) 10:45 Assisted Living Fitness (2AC) 1:00 Choir (CR) 3:00 Rummikub (3AC) 3:00 What Am I? (2AC) 3:30 May Hangman Challenge (CR) | 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Piano Music with Chris! (Lby) 3:15 Backyard BBQ Trivia (CR) | 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Argentina (2AC) 1:30 Bingo (GCS) 2:00 Denver Ukulele Jammers (Lby) |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| 10:30 Sunday Worship with Anisia Bremerman (CR) 1:00 Gen Tech Computer Support (Lib) 1:00 Walk 'N' Talk (Lby) 1:00 Bridge (3AC) 2:00 Beethoven- Sunday Movie (CR) 3:30 Crafting Corner- Wind Chimes (GCS) 7:00 Yahtzee (GS) | 9:30 Noodle Ball (Lby) 10:00 Visit with Kenai (CR) 2:00 Memorial Day Jeopardy (CR) 3:00 Rosary/Communion (GCS) 3:15 Fun with IN2L (2AC) 7:00 Canasta (3AC) | 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:30 Zoology- Hedgehog (CR) 10:45 Assisted Living Fitness (2AC) 1:30 Catholic Mass (CR) 2:30 Armchair Travel: Ireland- Waterford to the Ring of Kerry (CR) 3:30 Volleyball (Lby) | 10:00 Koelbel Library (Lib) 10:00 Bible Study (CR) 1:00 Balance Exercise (FC) 1:30 Riddle Me This (2AC) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:30 Mens vs Womens Games (CR) 2:30 Nature Walk (Lby) 4:00 Wine Down Wednesday Social (Lby) 7:00 Bingo (GS) | 9:00 Let's go for a Walk (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Cooking with Joanna- Brownies (CR) 10:45 Assisted Living Fitness (2AC) 1:00 Choir (CR) 2:00 Spring Choir Concert (Lby) 3:00 Rummikub (3AC) 3:15 Acronym Game (2AC) | 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Music & Singing with Joyce! (Lby) 3:15 Islands- Where in the World? (2AC) |  |

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