


July 2024



Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| | 1 | 2 | 3 | 4 INDEPENDANCE DAY | 5 | 6 |
|  | <p>9:30 Noodle Ball (Lby) 10:15 Dollar Store Shopping (B) 1:00 Balance Exercise (FC) 1:00 Pinochle (CRA) 1:00 Blue Whisper- "The fascinating world beneath the waves" (CR) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:30 Family Feud (2AC) 3:00 Rosary/Communion (GCS) 7:00 Canasta (3AC)</p> | <p>9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Meeting & Coffee (GSC) 10:00 Balance Exercise (FC) 10:00 Watch Repair (Lby) 10:30 Cascadia- "A place where giants roam" (CR) 10:45 Assisted Living Fitness (2AC) 1:30 Advisory Committee (3AC) 2:30 Armchair Travel: The Holy Land (CR) 3:30 Games with Diane (2AC)</p> | <p>9:00 Resident Computer Counselor (Lby) 9:45 Bible Study (CR) 10:00 Koelbel Library (Lib) 1:00 Balance Exercise (FC) 1:00 Cooking- Patriotic Deviled Strawberries (CRA) 1:30 MoveMor (FC) 1:30 Tech Talk with Ben (CR) 2:00 Stretch and Flex 3:15 Game of Seven (2AC) 3:30 Wind Down Wednesday Social (Lby) 7:00 Night Owl Bingo (GCS)</p> | <p>9:30 Hot Doggity Dog (2AC) 10:00 Missy the Manicurist (AN) 10:00 Resident Welcomers (Lib) 10:45 Assisted Living Fitness (2AC) 11:00 4th of July BBQ (CY) 1:00 Patriotic Sing A Long (Lby) 3:00 Rummikub (3AC) 3:30 Red, White & Blue Quiz (2AC)</p> | <p>10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 1:30 Chris Wells Presents (CR) 3:15 Patriotic Riddles (2AC)</p> | <p>8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Austria (2AC) 1:30 Bingo! (CRA) 3:15 List It or Leave It Word Game (2AC)</p> |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| <p>10:30 Sunday Worship with Cindy (CR) 1:00 Bridge (3AC) 1:00 Gen Tech Computer Support (Lib) 1:00 Family Feud with Joanna (2AC) 2:00 The Help- Sunday Movie (CR) 3:30 Crafting Corner- Chalk Pastel Fireworks (GCS)</p> | <p>9:30 Noodle Ball (Lby) 1:00 Balance Exercise (FC) 1:00 Pinochle (CRA) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:00 Active Minds- Paris: Biography of a City (CR) 3:00 Rosary/Communion (GCS) 4:00 Shark Week Social (Lby) 7:00 Canasta (3AC)</p> | <p>9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:45 Assisted Living Fitness (2AC) 11:00 Ladies Lunch Outing to BoNo's Pit BBQ (B) 2:00 Armchair Travel: Italy's Amalfi Coast (CR) 3:15 Mystery: Who Am I? (2AC)</p> | <p>9:00 Resident Computer Counselor (Lby) 9:45 Bible Study (CR) 1:00 Balance Exercise (FC) 1:00 Megalodon- King of the Seas (CR) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:15 Exploding with Laughter (2AC) 3:00 AL Neighborhood Meeting (CR) 3:30 Wind Down Wednesday Social (Lby) 7:00 Night Owl Bingo (GCS)</p> | <p>9:00 Walking Club (Lby) 10:00 Balance Exercise (FC) 10:00 Food Forum (CR) 10:00 Missy the Manicurist (AN) 10:30 Downsizing and Decluttering Event (CR) 10:45 Assisted Living Fitness (2AC) 1:30 Shocking Shark Attacks- "The dark side of Paradise" (CR) 2:00 Summer Olympics Game (2AC) 3:00 Rummikub (3AC) 3:15 Volleyball (Lby)</p> | <p>10:30 Toys for God's Kids (GCS) 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Music with "The Prairie Dawgs" (Lby) 3:15 July Trivia (2AC)</p> | <p>8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Monaco (2AC) 1:30 Bingo! (CRA) 3:15 25 Greatest Natural Wonders of the World (2AC)</p> |

Bold activity = Sign up mandatory

Lby = Lobby, B = Bus, FC = Fitness Center, CRA = Community Room Alcove, CR = Community Room, 2AC = 2nd Floor AL Alcove, GCS = Grand Central Station, 3AC = 3rd Floor AL Alcove, Lib = Library, AN = All Neighborhoods, CY = Courtyard, DR = Dining Room

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|--|
| 14 10:30 Sunday Worship with Brian (CR) 1:00 Bridge (3AC) 1:00 Hangman Challenge with Joanna (2AC) 2:00 Grumpy Old Men- Sunday Movie (CR) 3:30 Crafting Corner- Canvas and Cocktails (GCS) | 15 9:30 Noodle Ball (Lby) 1:00 Balance Exercise (FC) 1:00 Resident Sharing (CR) 1:00 Pinochle (CRA) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:00 Tell Me Your Story with Cindy (CR) 3:00 Rosary/Communion (GCS) 3:30 Bird Facts Trivia (2AC) 7:00 Canasta (3AC) | 16 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:45 Assisted Living Fitness 11:00 Men's Lunch Outing to BoNo's Pit BBQ (B) 2:00 Armchair Travel: Salzburg & Surroundings (CR) 3:30 July IQ (2AC) | 17 9:00 Resident Computer Counselor (Lby) 9:45 Bible Study (CR) 10:00 Koelbel Library (Lib) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 1:30 Tech Talk with Ben (CR) 2:00 Stretch and Flex 3:15 Word Mining (2AC) 3:30 Wind Down Wednesday Social (Lby) 7:00 Night Owl Bingo (GCS) | 18 9:00 Walking Club (Lby) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Fireside Chat (CR) 10:45 Assisted Living Fitness (2AC) 12:00 Birthday Luncheon (DR) 2:00 Birthday Social & Music w/ Larry O (Lby) 3:00 Rummikub (3AC) 3:15 Category Game (2AC) | 19 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Space Exploration with Monty (CR) 3:30 Mixed-Up Parks and Recreation (2AC) | 20 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Switzerland (2AC) 1:30 Bingo! (CRA) 3:15 Name That 50's Tune (2AC) |
| 21 10:30 Sunday Worship with Robert (CR) 1:00 Gen Tech Computer Support (Lib) 1:00 Bridge (3AC) 1:00 Family Feud with Joanna (2AC) 2:00 Hamilton: One Shot to Broadway- Sunday Movie (CR) 3:30 Crafting Corner- Olympic Braclets (GCS) | 22 9:30 Noodle Ball (Lby) 10:00 Dog Visit: Kenai (AN) 1:00 Balance Exercise (FC) 1:00 Pinochle (CRA) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:00 Active Minds- The Olympic Games (CR) 3:00 Rosary/Communion (GCS) 3:30 Fabulous Frogs (2AC) 7:00 Canasta (3AC) | 23 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:30 "A journey through the magical wildlife of Chile" (CR) 10:45 Assisted Living Fitness 1:30 Catholic Mass (CR) 2:30 Armchair Travel: Rome Back Street Riches (CR) 3:15 PARIS Category Game (2AC) | 24 9:00 Resident Computer Counselor (Lby) 10:00 Jeopardy Trivia (CR) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:30 Men VS Ladies Games (CR) 3:30 Mixed-Up Titanic (2AC) 3:30 Wind Down Wednesday Social (Lby) 7:00 Night Owl Bingo (GCS) | 25 9:00 Walking Club (Lby) 9:30 Renaissance Faire (2AC) 10:00 Balance Exercise (FC) 10:00 Missy the Manicurist (AN) 10:30 Just Penguins Documentary (CR) 10:45 Assisted Living Fitness (2AC) 2:00 Famous Canadians – Who Am I? (2AC) 3:00 Rummikub (3AC) 3:15 Volleyball (Lby) | 26 10:30 Bingo (2AC) 1:00 Bridge (3AC) 1:00 Balance Exercise (FC) 2:00 Music with Mindy (Lby) 3:15 French Trivia (2AC) | 27 8:00 Activity Packets (AN) 10:00 Morning Movers (2AC) 10:15 Rummikub (3AC) 10:30 Virtual Tour- Caribbean (2AC) 1:00 Saturday Movie- Zero Dark Thirty (CR) 1:30 Bingo! (CRA) 3:15 Bring Your "A" Game (2AC) |
| 28 10:30 Sunday Worship with Kendall (CR) 1:00 Bridge (3AC) 1:00 Hangman Challenge with Joanna (2AC) 2:00 La La Land- Sunday Movie 3:30 Crafting Corner- Paint Olympic Circles (GCS) | 29 9:30 Noodle Ball (Lby) 10:00 Dog Visit: Kenai (AN) 1:00 Balance Exercise (FC) 1:00 Pinochle (CRA) 1:30 MoveMor (FC) 2:00 Stretch and Flex 2:00 Cooking with Joanna- Olympic Cookies (CRA) 3:00 Rosary/Communion (GCS) 3:30 Decade Trivia (2AC) 7:00 Canasta (3AC) | 30 9:00 Let's Go For A Walk (Lby) 9:30 Nail Care (2AC) 9:30 Men's Coffee Crew (GCS) 10:00 Balance Exercise (FC) 10:30 New Zealand's Spectacular Wildlife And Nature (CR) 10:45 Assisted Living Fitness (2AC) 2:00 Armchair Travel: Scotland's Islands (CR) 3:30 Concentration Puzzles (2AC) | 31 9:00 Resident Computer Counselor (Lby) 9:45 Bible Study (CR) 11:00 Tour of The Vehicle Vault(B) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 1:30 Tech Talk with Ben (CR) 2:00 Stretch and Flex 3:15 Wacky Wordies (2AC) 3:30 Wind Down Wednesday Social (Lby) 7:00 Night Owl Bingo (GCS) |  |  |  |

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